

Name:	Booking N°:
First name:	Cruise:

Important information
Boarding conditions and Passenger fitness

Dear passenger, you are about to register for one of our cruises and we look forward to welcoming you.

A PONANT cruise lets you experience an exceptional moment and we are bound by our quality requirements towards you – both in terms of prior, necessary information and of safety. So that we can fulfil our obligations completely we wish to draw your attention to your own commitment as concerns yourself and your underage children when they are accepted on our cruises.

You are hereby informed that, in order to enjoy your cruise and to ensure that it runs smoothly for the other passengers and the crew, you declare for yourself, and the minors included in your contract that you are fit enough:

- both physically and psychologically, to stay for several days at sea in the closed environment of a cruise ship,
- to disembark/embark at ports of call or to go on boat excursions,
- to respect the Captain's and the crew's orders in case of bad weather or any other incident while at sea or in port.

Our cruises also offer you a privileged access to sites preserved from human presence, sometimes in adventurous conditions and under a weather that can be capricious or even trying. They will also take you to latitudes sometimes far from any terrestrial infrastructure, especially medical and hospital ones¹.

Even though each of our ships has a medical team, comprising a doctor and nurse who provide medical treatment and emergency care, as well as a hospital with state-of-the-art medical equipment, certain pre-existing medical conditions may prove incompatible with the contingences of the ship's distance and the sailing conditions as well as with the preservation of the passengers' and the crew's safety.

This is why we ask you - before signing on for one of our cruises, whatever the programme - to make sure you are physically and mentally fit by seeing your doctor – both for yourself and for the minors included in your contract – who will be able to help you decide whether your pre-existing state of health is compatible with the cruise you are planning.

Generally speaking, in reserving a PONANT cruise you declare you are aware of the physical and medical demands that may be entailed by certain of our excursions, which propose, particularly and non-exhaustively, polar diving, kayaking, diving, snorkelling, trekking etc.

Non-exhaustive list of medical conditions that are grounds for refusing embarkation and disembarkation:

1. Limited autonomy, as defined with a maximum level of 3 for expedition and 4 for yachting, on the clinical frailty scale that your doctor can explain to you;
2. Behavioural disorders, dementia, disorientation, unstable psychiatric illness or unstable neurological conditions (epilepsy, paralysis, giddy spells, etc....);
3. Active contagious diseases including but not limited to skin, respiratory, and gastro-intestinal diseases;
4. Uncontrolled infectious disease;
5. Surgical operation less than one month before embarkation;
6. Respiratory or cardiac problems requiring additional oxygen;
7. Acute coronary syndrome having required surgery (percutaneous coronary intervention, coronary artery bypass) or admission into intensive care within the last 3 months;
8. Chronic, unstable cardiovascular disease, requiring change of treatment in less than one month, or invasive procedure planned within 6 months;
9. Kidney disease requiring dialysis;
10. Incapacity to comply with Ponant's immunisation requirements;

¹ Especially our exploration/expedition-cruises on the: *Commandant Charcot, Lyrial, Soleal, Austral, Boréal*

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11. Chronic pathology that may be destabilised by changes in treatment times or health lifestyle aboard (chronic renal insufficiency, cardiac insufficiency, respiratory insufficiency, insulin-dependent diabetes).

In case of doubt and in exceptional cases your doctor can directly and in confidence contact the PONANT's medical team whose contact details can be provided to you by the PONANT commercial agent.

Children: Children under eight (8) are not accepted on the exploration-cruises on board the Commandant Charcot, under six (6) on expedition-cruises, and under one (1) for yachting.

Pregnant women: They are accepted up to three months of pregnancy at the date of return from the cruise, except on expedition/exploration cruises where they are not accepted.

Reduced Mobility Persons: each descriptive programme of our cruises specifies generally whether it is suitable for persons with reduced mobility. Moreover, our teams or your travel agent will answer any particular question you may raise during the preparation of your contract and tell you whether the cruise you have chosen matches your requirements.

In all cases we recommend you consider the possibility of taking out a travel insurance assistance and repatriation policy, which PONANT or your travel agent will propose to you, before making your reservation.

Having read this note you declare you have perfectly understood its content and that you are informed of the risks for your health as well as of the possible financial consequences that may be caused by your registering for one of our cruises should PONANT's recommendations not be respected.

Acceptance of this information:

PONANT or your travel agent provides you with this information note before the confirmation of your contract:

I hereby acknowledge that the confirmation of my reservation constitutes acknowledgement and acceptance of the terms of this note and of the [general and specific conditions of sale](#) of PONANT.

In accordance with the "General Data Protection Regulation" or "GDPR", the information collected in the form is recorded in a computerized file by PONANT for the strict needs of your file. The legal basis for the processing is your consent. The data collected will be communicated to the controller of the processing, PONANT, as mentioned on this document. The data will be kept for the conservation period necessary for the purpose of the processing and the needs of your cruise. You may access your data, rectify them, request their deletion or exercise your right to limit the processing of your data at any time. You may withdraw your consent to the processing of your data at any time.

To exercise these rights or if you have any questions about the processing of your data, you can contact the data protection officer at vieprivee@PONANT.com, or consult our personal data protection policy on our website www.PONANT.com. PONANT takes measures in accordance with the uses and the state of the art to ensure the security and confidentiality of data in accordance with the aforementioned legislation.

Consult the cnil.fr website for more information on your rights.