

*Suggested*

## PACKING LIST

**A couple  
of reminders**

Please use this checklist as a guide when packing for your Backroads trip. Remember that quality rain gear is essential for any destination—you'll enjoy your vacation to the fullest if you're prepared for all kinds of weather!

**Luggage**

Please limit your luggage to one soft-sided medium-sized suitcase and one carry-on bag. Mark your luggage with your name, address and phone number.

**CLOTHING AND GEAR FOR BIKING**

- bicycling shoes or stiff-soled sneakers
- bicycling shorts\*
- bicycling gloves
- bicycling tights\*
- brightly colored jerseys\* or T-shirts
- long-sleeved shirt
- cycling socks\*
- arm warmers
- knee or leg warmers
- waterproof, breathable rain gear (jacket and pants)
- lightweight jacket\* or vest
- sunglasses

**OTHER CLOTHING**

- clothing and shoes for restaurants (see "Recommended Attire")
- fleece jacket or warm sweater
- walking/hiking shorts
- walking/hiking shoes
- hat with brim\*
- swimsuit
- underwear and socks
- sleepwear

**MISCELLANEOUS ITEMS**

- passport for each family member
- wallet (credit cards, traveler's checks)
- airline tickets

- medications and copies of prescriptions
- sunscreen and lip ointment
- travel alarm clock
- insect repellent
- toiletries

Backroads provides water bottles

**OPTIONAL ITEMS**

- binoculars
- camera and film
- travel iron
- converter and plug adapter
- personal biking gear (see "Preparing for Your Trip")
- daypack
- CamelBak or similar hydration-backpack
- Dutch phrase book

**SOME SUGGESTED ITEMS FOR KIDS**

- bicycling shorts with padding
- bicycling gloves
- brightly colored jerseys\* or T-shirts
- sunglasses
- sun and rain hat
- rain jacket and pants
- kid-size daypack
- disposable camera

\* Available at [www.BackroadsWear.com](http://www.BackroadsWear.com)

**How to Reach  
Backroads**

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